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Dr. Dean Ornish is the first  
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disease can be halted, or  
even reversed, simply by  
changing your lifestyle.  
Based on his internationally  
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Dr. Ornish's Program for Reversing Heart Disease ® is the first program scientifically proven to “undo” (reverse) heart disease by making comprehensive lifestyle changes. UnDo Your Heart Disease Intensive Cardiac Rehab

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About Dr. Dean Ornish's Program for Reversing Heart Disease. The Ornish Diet has been named the “#1 best diet for heart disease” by U.S. News & World Report for seven consecutive years! Dr. Dean Ornish is the first clinician to offer

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documented proof that heart disease can be halted, or even reversed, simply by changing your lifestyle.

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Dr. Dean Ornish's Program for Reversing Heart Disease. Dr. Dean Ornish is the first clinician to offer documented proof that heart disease can be halted, or even reversed, simply by changing your lifestyle. Based on his internationally acclaimed scientific study, which has now been ongoing for years, Dr. Ornish's

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program has yielded amazing  
results.

~~Reversing Heart Disease &  
Other Books | Dean Ornish,  
MD~~

In this powerful Op Ed piece  
in the New York Times, Dr.  
Dean Ornish sets the record  
straight, explaining, alas,  
that “bacon and egg yolks  
are not health foods,” and  
the truth is that Americans  
are actually consuming more  
fat, meat, and sugar than  
ever before.

~~Dr. Dean Ornish in New York  
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Dr. Dean Ornish is the first  
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documented proof that heart disease can be halted, or even reversed, simply by changing your lifestyle. Based on his internationally acclaimed scientific study, which has now been ongoing for years, Dr. Ornish's program has yielded amazing results.

~~Amazon.com: Dr. Dean  
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Ornish's program has yielded amazing results. The Journal of the American Medical Association will publish the results of Ornish's program on September 20.

~~Dr. Dean Ornish's Program  
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The ...~~

After his medical training Ornish founded the Preventive Medicine Research Institute and has widely promoted his Ornish Lifestyle Program. the website of which claims: Dr. Ornish's Program for Reversing Heart Disease® is the first program scientifically proven to "undo" (reverse) heart

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The Ornish Diet was created in 1977 by Dr. Dean Ornish – a clinical professor of medicine at the University of California, San Francisco, and founder of the nonprofit Preventive Medicine Research...

~~What is the Ornish Diet? A Detailed Beginner's Guide | U.S. ...~~

Yes, Dr. Ornish's The Spectrum works. It works for anyone, but it targets those with or at risk of heart disease. This program includes a step-wise approach to nutrition that starts as a very- low...

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by ...~~

Dr. Dean Vafiadis received his dental degree and Prosthodontic specialty training at New York University College of



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Dentistry. He is currently  
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Prosthodontics at NYU  
College of Dentistry.

~~Dr. Dean Vafiadis~~

Kathryn Dean, M.D is a  
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Medicine and Assistant  
Attending Radiologist at the  
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Hospital-Weill Cornell  
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