

## Shamans Secret The Lost Resurrection Teachings Of The Ancient Maya

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The shamans sought and found a way to achieve an intensity of everyday experience that led them to an intimate and mutually empowering connection with nature and with the divine. The Shaman's Secret enables us to share in the ancient Maya experience of "fire in the blood" and to hear for ourselves the once lost, now recovered sacred resurrection message of the ancient shamans.

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The Shaman's Secret : The Lost Resurrection Teachings of the Ancient Maya by Douglas Gillette (1997, Hardcover) The lowest-priced brand-new, unused, unopened, undamaged item in its original packaging (where packaging is applicable).

Filled with stunning photographs and line drawings, a clear and accessible survey explores the principles of ancient Maya spirituality, showing how its timeless ideas can help readers broaden and deepen their experience of spiritual ecstasy.

You're no idiot, of course. You know that shamans are also known as medicine men and women, who use the power of the mind and call on spiritual helpers to heal the afflicted. However, this ancient art has been put to more modern uses, including problem solving, empowerment, and personal mastery. But you don't have to trek through steamy Amazonian jungles or frigid Siberian tundra to become enlightened in the ways of shamanism! The Complete Idiot's Guide® to Shamanism will show exactly how to discover your own shamanic power—and how that power will guide you in your everyday life! In this Complete Idiot's Guide®, you get: --Shamanic history—from its origins in Paleolithic times to its spreading influence today. --Power animals—where to locate them and how they communicate with you. --How to take a shamanic journey—traveling through the Lower, Upper, and Middle Worlds, and exploring your past or future. --Shamanic healing techniques in use with modern medicine.

Where do we come from? Is there life after Death? If so, where? I think I figured it out. I will give you my version of the answers here in this book. In any event, you are the master of this life right here, right now. That's all anyone knows for sure, this life on Earth in the physical realm. When I was a kid, they taught me to be a good, little Catholic boy. I was as brainwashed as anyone could be about religion but I gradually realized it was a crutch and a tool of oppression which doesn't make it bad in and of itself. It just means that a lot of people use religion as a tool to control others through guilt, to gain trust, sexual favours, political power, etc. Aside from that, even if there is no God, religion serves a variety of pragmatic purposes. It gives us hope, comfort, inspiration and bonds us as communities and societies.

For more than 30 years, Yoga Journal has been helping readers achieve the balance and well-being they seek in their everyday lives. With every issue, Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds. We are dedicated to providing in-depth, thoughtful editorial on topics such as yoga, food, nutrition, fitness, wellness, travel, and fashion and beauty.

"The result of ten years of study and analysis of NASA photographs of the Face on Mars and its surrounding complex, The Cydonia Codex provides evidence for a terrestrial connection between Cydonia and Mesoamerica"--Provided by publisher.

Ancient star lore exploring the mysterious location of Pueblos in the American Southwest, circa 1100 AD, that appear to be a mirror image of the major stars of the Orion constellation. Many readers are familiar with the correlation between the pyramids of Egypt and the stars of Orion. Beginning in 1100 A.D. on the Arizona desert, the Hopi constructed a similar pattern of villages that mirrors all the major stars in the constellation. "As Above, so Below." The Orion Zone explores this ground-sky relationship and its astounding global significance. Packed with diagrams, maps, astronomical charts, and photos of ruins and rock art, this useful guidebook decodes the ancient mysteries of the Pueblo Indian world.

An in-depth look into the foundations of mysticism and alchemy, this book describes both physical and spiritual aspects of the various theories and practices of transformation, with attention to the beliefs of Buddhism, Christianity, Hinduism, Islam, Judaism, Sufism, Tantrism, Taoism and Yoga. The connection between early mystical pursuits and the development of alchemy from ancient China, India, and Egypt through Moorish Spain and into Latin Europe are illuminated, along with the activities of early alchemists. The book, which is heavily illustrated, describes the beliefs, experiments, and secret messages that drew the believers and dreamers of the world together in search of wealth and immortality.

Less than fifty thousand years ago mankind had no art, no religion, no sophisticated symbolism, no innovative thinking. Then, in a dramatic and electrifying change, described by scientists as "the greatest riddle in human history," all the skills and qualities that we value most highly in ourselves appeared already fully formed, as though bestowed on us by hidden powers. In *Supernatural* Graham Hancock sets out to investigate this mysterious "beforeandafter moment" and to discover the truth about the influences that gave birth to the modern human mind. His quest takes him on a detective journey from the stunningly beautiful painted caves of prehistoric France, Spain, and Italy to rock shelters in the mountains of South Africa, where he finds extraordinary Stone Age art. He uncovers clues that lead him to the depths of the Amazon rainforest to drink the powerful hallucinogen Ayahuasca with shamans, whose paintings contain images of "supernatural beings" identical to the animalhuman hybrids depicted in prehistoric caves. Hallucinogens such as mescaline also produce visionary encounters with exactly the same beings. Scientists at the cutting edge of consciousness research have begun to consider the possibility that such hallucinations may be real perceptions of other "dimensions." Could the "supernaturals" first depicted in the painted caves be the ancient teachers of mankind? Could it be that human evolution is not just the "meaningless" process that Darwin identified, but something more purposive and intelligent that we have barely begun to understand?

An illustrated, encyclopedic overview of the prophecies, calendars, and theories that indicate the year 2012 is a threshold of great change for humanity

- Looks at the scientific and anthropological evidence for the rare galactic alignment due to occur in December 2012
- Sifts through the catastrophic theories to show what we might really expect in 2012

In December of 2012 the Mayan Calendar's Great Cycle will come to an end. Opinion remains divided as to whether apocalyptic scenarios of worldwide destruction or utopian visions of a spiritually renewed humanity will prevail after this key date has passed. What is certain, however, is that a rare galactic alignment will occur, one so unique that it is found at the core of many wisdom traditions from around the globe. Geoff Stray has been collecting the vast amounts of data relating to the 2012 phenomena since 1982. Far from confining his research to the Maya, who provide the most prominent predictions indicating this date will herald significant changes for humanity, he has studied the prophetic traditions of other cultures--including the Tibetan, Chinese, Jewish, Ethiopian, and tribal cultures from around the globe--to show the kind of convergence of cosmic purposes happening along a number of parallel tracks. This book offers an extensive study of many modern theories, including Terence McKenna's timewave zero and Maurice Cotterell's sunspot research as well as anomalous phenomena such as near death experiences and crop circles. Sifting through all the scientific research and speculation that the year 2012 has inspired, Geoff Stray provides an encyclopedic look at what we might really expect on this pivotal date.

A guide to mantra recitation for ecstatic states, spiritual liberation, and higher consciousness

- Ideal for those looking to deepen the spirituality of their physical yoga practice
- Offers detailed instruction on the practice of mahamantra yoga and exercises to improve one's practice and move beyond rote chanting

Based on a rich and ancient tradition revived more than five hundred years ago by Sri Caitanya Mahaprabhu in India, mahamantra yoga involves repeated recitation of a sacred phrase, such as the name of a deity, to anchor the mind and access ecstatic states, higher consciousness, and, ultimately, as you vibrate the holy names, the Divine presence in sound. Part of the bhakti devotional tradition, mahamantra yoga is considered the best path to self-realization in the current age, offering a doorway into the hidden recesses of our innermost being--the internal forest of the heart. Citing ancient Vedic texts and the insights of perfected mahamantra yogis, Richard Whitehurst reveals the methods of mahamantra yoga and his own profound experiences based on more than 20 years of intense practice. Using the core principles of this ancient tradition, he offers mental and physical exercises--such as how to coordinate the breath, vocal cords, and mouth--to move beyond rote chanting and pursue the practice consciously and joyfully. He explains how to overcome common obstacles to successful chanting as well as purification practices to intensify your efforts.

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