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you'll have access
to a full-featured
charting app, our

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the empowering
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guide to Natural

Birth Control,

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approach that "is

based on the

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women to take
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control of their
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and fertility. During
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Achievement this time, she has

received thousands
And

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of inquiries from
women as they
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incorporate her
teachings on the
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gain better control
of their

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of cancer survivors.
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explains why the
return of fertility
varies so widely
between
breastfeeding
women: the reason
why some nursing
women do get
pregnant and
others don't comes
down to how they
breastfeed, or

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more specifically,
how intensively
and how
frequently. every
time a baby
suckles at the
breast, the mother
releases prolactin
and oxytocin,
which in turn
inhibits various ...

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information that

will transform and
empower every

woman’s

relationship with

her fertility. I

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recommend it to women of all ages.” (Christiane Northrup, M.D., Author of Women’s Bodies, Women’s Wisdom and The Wisdom of Menopause) --This text refers to an alternate kindle_edition edition.

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